## **Understanding Decision Making in Queensland**

Are you currently having difficulties being heard? Do you know who your decision maker is?

#### **Decision Making Rights**

If you are an adult in Queensland, you are presumed to have the capacity to make your own decisions.

However, sometimes your ability to make some or all decisions may be affected by age-related impairment, intellectual or developmental impairment, mental illness or acquired brain injury.

If this has happened to you, then somebody else may be making your decisions for you. If you had an Enduring Power of Attorney (EPOA), the attorney you nominated may be your decision-maker. If you did not make an EPOA, or your attorney arrangements were not suitable, someone may have applied to the Queensland Civil and Administrative Tribunal (QCAT) to be your decisionmaker, and QCAT may have appointed a Guardian and/or an Administrator.

#### What is Capacity?

If you have capacity, it means that:

- You understand the nature and effect of decisions about a particular matter
- You can freely and voluntarily make decisions about the matter
- You can communicate the decisions in some way.

A **doctor or health professional**, such as your GP, psychologist, psychiatrist or geriatrician, can help you determine whether or not you have capacity. A **Health Professional Report** provides information on your capacity and accompanies an application for appointment or review of guardianship.

#### How do I make an Application for Appointment/Review of Guardianship?

To make an application, you will need to go to the QCAT website and obtain a number of forms under the 'Decision-making for Adults with impaired capacity' section at <u>www.qcat.qld.gov.au</u>. You can also contact ADA Law for assistance.



#### Forms that you may need:

- Health Professional Report
- Form 10 Application for Administration/ Guardianship Appointment or Review
- Form 12 Application for Miscellaneous Matters (eg. EPOA)

# If you wish to become your own decision maker you will also need:

• Form 11 - Application for Declaration about Capacity

#### How long does it take?

It can take several months from application for QCAT to organise a hearing. They usually send a notice approximately two weeks before the hearing. If you would like more notice, contact QCAT two or three weeks after you have sent in your application, introduce yourself, and ask who your Case Manager is. Exchange contact details with your Case Manager so you can readily communicate with each other.

Freecall: 1800 232 529 e: info@adalaw.com.au www.adalaw.com.au







### **Overview of the Guardianship Review Process**

#### You have a Guardian or Administrator appointed to make your decisions, or an attorney, who is not supporting you and You disagree with their decisions, or you want to make your own decisions, or you want to change decision makers Ask your Doctor to complete a Health Professional Report regarding your decision-making capacity You want to make Fill out Form 11 - Application for a Declaration about Capacity your own decisions Fill out Form 10 - Application for Appointment/Review (sometimes a Form 12 may be required if it is about an EPOA) Lodge all forms with QCAT Ask your Doctor to complete a Health Professional Report You want to regarding your decision-making capacity change your Fill out Form 10 - Application for Appointment/Review decision makers Think about who you want to make decisions for you and why Lodge both forms with QCAT (or get your preferred decision maker to) Understand your situation, know what decisions need to be Prepare for a made and how you would make them (ADA Law can assist you in this process) QCAT Hearing Think about Plan B: who else you would prefer to make decisions for you and why Take your support person with you (this may include Attend your a lawyer or advocate from ADA Law) QCAT Hearing

Queensland Civil and Administrative Tribunal (QCAT)

ADA Australia

Office of the Public Guardian

Public Trustee of Queensland





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